

Best Choices Guide

Human Physiology and Nutrition (BS)

This Associate of Science degree is designed for Colorado Community College System (CCCS) students who want to transfer to UCCS and complete a Bachelor of Science degree with a major in Human Physiology and Nutrition. It is based on the [best academic advising choices](#) for future UCCS students.

To earn the Associate of Science Degree, students must complete the following course requirements for a total of 60 semester credit hours, at least 34 of which must be Colorado State-Guaranteed Courses. Courses taken at other colleges, AP, IB, CLEP, DSST, and other sources of credit may not be applicable upon transfer to UCCS even if applied to the associate's degree at CCCS. Check the CDHE's [GT Pathways](#) website for more information.

To transfer to UCCS, students should have a cumulative GPA of 2.0 or better.

Degree Requirements	Courses	
Written Communication (6 hours)	<ul style="list-style-type: none"> ENG 121 ENG 122 <p><i>Note: Students who test into ENG 122 should take ENG 201 or HIS 265 as their second written communication course.</i></p>	
Oral Communication (3 hours)	<ul style="list-style-type: none"> Complete COM 115, COM 125, or COM 220 	
Mathematics (5 hours)	<ul style="list-style-type: none"> MAT 201 	
Arts & Humanities (6 hours)	<ul style="list-style-type: none"> Complete two GT-AH Courses (GT-AH1) (GT-AH2) (GT-AH3) (GT-AH4) 	
History (3 hours)	<ul style="list-style-type: none"> Complete one GT-HI Course (GT-HI) (DO NOT take more than one GT-HI course for this AS.) 	
Social & Behavioral Sciences (6 hours)	<ul style="list-style-type: none"> Complete two GT-SS Courses (GT-SS1) (GT-SS2) (GT-SS3) (ANT 101, GEO 105 or GEO 106 are preferred options to fulfill part of this requirement for UCCS students.) 	
Physical and Life Sciences (13 hours)	<ul style="list-style-type: none"> BIO 111 BIO 201 BIO 202 	
Additional Requirements (20 hours) Courses recommended by UCCS for this degree.	CHE 111	5
	CHE 112	5
	CHE 211	5
	CHE 212	5

Other AA/AS Requirements

- A minimum of 60 credit hours in a prescribed program of study with a cumulative grade point average of 2.0 (a C average). At least 15 of these credit hours must be earned from CCCS.
- Only 6 elective credits are allowed in any combination of PED courses.
- Career and technical courses, whether taken at another institution or at CCCS, are not accepted toward this degree without approval of the CCCS Vice President for Instructional Services. Approval is given only when it is appropriate to the educational objectives of the student.
- Courses numbered below 100 do not apply towards degrees

Foreign Language Note – UCCS

UCCS admission requirements include 2 years of the same high school foreign language (or equivalent 2 semesters at Pikes Peak Community College). Students planning to attend UCCS who do not have the prerequisite foreign language requirement should consider enrolling in these courses in addition to the degree requirements. Students who do not meet this requirement will need to fulfill it upon transferring to UCCS. This admission requirement does not apply to those who graduated from high school prior to 1988, who have a GED, who graduated from a non-U.S. high school, or who can prove proficiency in a foreign language through the 2nd semester at college level. **Please check with the Transfer Advisor (transfer@uccs.edu) to see if this requirement applies to you.**

Additional Resources

The UCCS transfer website (www.uccs.edu/transfer) has many additional resources for students transferring from CCCS to UCCS.

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Four-Year Degree Plan - Human Physiology and Nutrition

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Human Physiology and Nutrition degree at UCCS. Courses are listed by the course number at the appropriate institution. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

Suggested First Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	ENG 121	3		ENG 122	3
	BIO 111	5		CHE 112	5
	CHE 111	5		MAT 201	5
	GT-SS course	3		GT-AH course	3
	TOTAL	16		TOTAL	16

Suggested Second Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	BIO 201	4		BIO 202	4
	CHE 211	5		CHE 212	5
	GT-HI course	3		COM 115, 125, or 220	3
	GT-SS course	3		GT-AH course	3
	TOTAL	15		TOTAL	16

Suggested Third Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	CHEM 4211	3		Upper Division (UD) HPNU Elective	3
	HPNU 2050	4		UD HPNU Elective	3
	HPNU 3100	3		General Elective (Sustainability)	3
	HPNU 4080	3		General Elective (Navigate)	3
	General Elective	1		General Elective	3
	TOTAL	14		TOTAL	15

Suggested Fourth Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	HPNU 4430	3		HPNU 4900	1
	UD HPNU Elective	3		UD HPNU Elective	3
	PES 1010/1150	5		UD HPNU Elective	3
	General Elective (Upper-Division Writing Intensive)	3		PES 1020/2150	5
				General Elective (Inclusiveness)	3
	TOTAL	14		TOTAL	15

UCCS Bachelor of Science, Human Physiology and Nutrition Major Requirements

- A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0; at least 45 of these hours must be at the upper-division level (courses numbered 3000-4999).
- The Human Physiology and Nutrition major requires a minimum of 36 hours with a grade point average of 2.0, and at least 27 of the hours must be at the upper-division level (courses numbered 3000-4999)
- The last 30 hours of the degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences at UCCS.

Prospective Student Advising: Transfer Advisor (transfer@uccs.edu)