

Best Choices Guide

Human Physiology and Nutrition (BS)

This Associate of Science degree is designed for Colorado Community College System (CCCS) students who want to transfer to UCCS and complete a Bachelor of Science degree with a major in Human Physiology and Nutrition. It is based on the [best academic advising choices](#) for future UCCS students. Please note that final graduation requirements for the bachelor's degree will be based on your year of admission to UCCS. Contact transfer@uccs.edu for more information.

To earn the Associate of Science Degree, students must complete the following course requirements for a total of 60 semester credit hours, at least 34 of which must be Colorado State-Guaranteed Courses. Courses taken at other colleges, AP, IB, CLEP, DSST, and other sources of credit may not be applicable upon transfer to UCCS even if applied to the associate's degree at CCCS. Check the CDHE's [GT Pathways](#) website for more information.

To transfer to UCCS, students should have a cumulative GPA of 2.0 or better.

Degree Requirements	Courses	
Written Communication (6 hours)	<ul style="list-style-type: none"> ENG 121/1021 ENG 122/1022 <p><i>Note: Students who test into ENG 122/1022 should take ENG 201/2001 or HIS 265/2765 as their second written communication course.</i></p>	
Oral Communication (3 hours)	<ul style="list-style-type: none"> Complete COM 115/1150, COM 125/1250, or COM 220/2300 	
Mathematics (5 hours)	<ul style="list-style-type: none"> MAT 201/2410 	
Arts & Humanities (6 hours)	<ul style="list-style-type: none"> Complete two GT-AH Courses (GT-AH1) (GT-AH2) (GT-AH3) (GT-AH4) 	
History (3 hours)	<ul style="list-style-type: none"> Complete one GT-HI Course (GT-HI) (DO NOT take more than one GT-HI course for this AS.) 	
Social & Behavioral Sciences (6 hours)	<ul style="list-style-type: none"> Complete two GT-SS Courses (GT-SS1) (GT-SS2) (GT-SS3) <p><i>Note: These courses are highly recommended: ANT 101/1001, GEO 105/1005 or GEO 106/1006</i></p>	
Physical and Life Sciences (13 hours)	<ul style="list-style-type: none"> BIO 111/1111 BIO 201/2101 BIO 202/2102 	
Additional Requirements (20 hours) Courses recommended by UCCS for this degree.	CHE 111/1111	5
	CHE 112/1112	5
	CHE 211/2111	5
	CHE 212/2112	5

Other AA/AS Requirements

- A minimum of 60 credit hours in a prescribed program of study with a cumulative grade point average of 2.0 (a C average). At least 15 of these credit hours must be earned from CCCS.
- Career and technical courses, whether taken at another institution or at CCCS, are not accepted toward this degree without approval of the CCCS Vice President for Instructional Services. Approval is given only when it is appropriate to the educational objectives of the student.
- Courses numbered below 100/1000 do not apply towards degrees.

Additional Resources

The UCCS transfer website (www.uccs.edu/transfer) has many additional resources for students transferring from CCCS to UCCS.

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Four-Year Degree Plan - Human Physiology and Nutrition

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Human Physiology and Nutrition degree at UCCS. Courses are listed by the course number at the appropriate institution. The order in which these courses are taken may vary with course availability. **Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

Suggested First Year

FALL			SPRING		
✓	Course	Hours	✓	Course	Hours
	ENG 121/1021	3		ENG 122/1022	3
	BIO 111/1111	5		CHE 112/1112	5
	CHE 111/1111	5		MAT 201/2410	5
	GT-SS course (see recommendations above)	3		GT-AH course	3
	TOTAL	16		TOTAL	16

Suggested Second Year

FALL			SPRING		
✓	Course	Hours	✓	Course	Hours
	BIO 201/2101	4		BIO 202/2102	4
	CHE 211/2111	5		CHE 212/2112	5
	GT-HI course	3		COM 115/1150, 125/1250, or 220/2300	3
	GT-SS course	3		GT-AH course	3
	TOTAL	15		TOTAL	15

Suggested Third Year

FALL			SPRING		
✓	Course	Hours	✓	Course	Hours
	CHEM 4211	3		BIOL 1300/1310	4
	HPNU 2050	3		Upper Division (UD) HPNU Elective	3
	HPNU 2080	3		UD HPNU Elective	3
	HPNU 3100	3		General Elective (<i>Sustainability</i>)	3
	HPNU 4080	3		General Elective (<i>Navigate</i>)	3
	TOTAL	15		TOTAL	16

Suggested Fourth Year

FALL			SPRING		
✓	Course	Hours	✓	Course	Hours
	HPNU 4430	3		HPNU 4900	1
	UD HPNU Elective	3		UD HPNU Elective	3
	PES 1010/1150	5		UD HPNU Elective	3
	General Elective (<i>UD Writing Intensive</i>)	3		PES 1020/2150	5
				General Elective (<i>Inclusiveness</i>)	3
	TOTAL	14		TOTAL	15

UCCS Bachelor of Science, Human Physiology and Nutrition Major Requirements

- A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0; at least 45 of these hours must be at the upper-division level (courses numbered 3000-4999).
- The Human Physiology and Nutrition major requires a minimum of 36 hours with a grade point average of 2.0, and at least 27 of the hours must be at the upper-division level (courses numbered 3000-4999)
- The last 30 hours of the degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences at UCCS.

Prospective Student Advising: Transfer Advisor (transfer@uccs.edu)