

# Best Choices Guide

## Health Care Science - Health & Wellness Promotion (BS)

This Associate of Arts degree is designed for Colorado Community College System (CCCS) students who want to transfer to UCCS and complete a Bachelor of Science degree with a major in Health Care Science - Health & Wellness Promotion. It is based on the [best academic advising choices](#) for future UCCS students. Please note that final graduation requirements for the bachelor's degree will be based on your year of admission to UCCS. Contact [transfer@uccs.edu](mailto:transfer@uccs.edu) for more information.

To earn the Associate of Arts Degree, students must complete the following course requirements for a total of 60 semester credit hours, at least 34 of which must be Colorado State-Guaranteed Courses. Courses taken at other colleges, AP, IB, CLEP, DSST, and other sources of credit may not be applicable upon transfer to UCCS even if applied to the associate's degree at CCCS. Check the CDHE's [GT Pathways](#) website for more information.

To transfer to UCCS, students should have a cumulative GPA of 2.0 or better.

Degree Requirements	Courses	
<b>Written Communication</b> (6 hours)	<ul style="list-style-type: none"> <li>ENG 121/1021</li> <li>ENG 122/1022</li> </ul> <i>Note: Students who test into ENG 122/1022 should take ENG 201/2001 as their second written communication course.</i>	
<b>Oral Communication</b> (3 hours)	<ul style="list-style-type: none"> <li>Complete one course from COM 115/1150, COM 125/1250, or COM 220/2300</li> </ul>	
<b>Mathematics</b> (4 hours)	<ul style="list-style-type: none"> <li>Complete MAT 121/1340</li> </ul>	
<b>Arts &amp; Humanities</b> (6 hours)	<ul style="list-style-type: none"> <li>Complete two GT-AH courses (<a href="#">GT-AH1</a>) (<a href="#">GT-AH2</a>) (<a href="#">GT-AH3</a>) (<a href="#">GT-AH4</a>)</li> </ul>	
<b>History</b> (3 hours)	<ul style="list-style-type: none"> <li>Complete one GT-HI1 course (<a href="#">GT-HI1</a>)</li> </ul>	
<b>Social &amp; Behavioral Sciences</b> (9 hours)	<ul style="list-style-type: none"> <li>Complete PSY 101/1001 and two additional GT-SS courses (<a href="#">GT-SS1</a>) (<a href="#">GT-SS2</a>) (<a href="#">GT-SS3</a>)</li> </ul>	
<b>Physical and Life Sciences</b> (7 hours)	<ul style="list-style-type: none"> <li>Complete BIO 111/1111 and two additional hours of GT-SC courses (<a href="#">GT-SC1</a>) (<a href="#">GT-SC2</a>)</li> </ul>	
<b>Additional Requirements</b> (22 hours)	HWE 111/1062	3
	General Electives <i>UCCS recommends courses from PSY and SOC as well as HWE 100/1050 be taken to fulfill some of the general electives.</i>	19

### Other AA/AS Requirements

- A minimum of 60 credit hours in a prescribed program of study with a cumulative grade point average of 2.0 (a C average). At least 15 of these credit hours must be earned from CCCS.
- Career and technical courses, whether taken at another institution or at a CCCS school, are not accepted toward this degree without approval of the CCCS. Approval is given only when it is appropriate to the educational objectives of the student.
- Courses numbered below 100/1000 do not apply towards degrees.

### Additional Resources

The UCCS transfer website ([www.uccs.edu/transfer](http://www.uccs.edu/transfer)) has many additional resources for students transferring from CCCS to UCCS.

# Best Choices Guide

## Four-Year Degree Plan – Health Care Science - Health & Wellness Promotion

The following four-year plan lists all the specific course requirements for the Bachelor of Science in Health Care Science - Health & Wellness Promotion degree at UCCS. Courses are listed by the course number at the appropriate institution. The order in which these courses are taken may vary with course availability.

**Students are responsible for completing all course prerequisites.** Please note that this is a *suggested* degree program; your program may vary.

### Suggested First Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	BIO 111/1111	5		ENG 122/1022	3
	ENG 121/1021	3		HWE 111/1062	3
	MAT 121/1340	4		GT-HI1 course	3
	GT-AH course	3		GT-SS course	3
				General Elective	3
	<b>TOTAL</b>	<b>15</b>		<b>TOTAL</b>	<b>15</b>

### Suggested Second Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	COM 115/1150, 125/1250, or 220/2300	3		GT-AH course	3
	PSY 101/1001	3		GT-SS course	3
	GT-SC course	3		General Elective	3
	General Elective	3		General Elective	3
	General Elective	3		General Elective	3
	<b>TOTAL</b>	<b>15</b>		<b>TOTAL</b>	<b>15</b>

### Suggested Third Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	HPNU 2100	3		HSCI 3520	3
	HSCI 2010	3		HSCI 4320 ( <i>spring only</i> )	3
	HSCI 3201	3		HSCI 4590	3
	HSCI 3630	3		HSCI 4650	3
	Upper-Division (UD) General Elective	3		UD General Elective ( <i>Sustainability</i> )	3
	<b>TOTAL</b>	<b>15</b>		<b>TOTAL</b>	<b>15</b>

### Suggested Fourth Year

FALL			SPRING		
√	Course	Hours	√	Course	Hours
	HSCI 4620	3		HSCI 4620	2
	HSCI 4621	1		HSCI 4840 ( <i>spring only</i> )	3
	HSCI 4640 ( <i>fall only</i> )	3		UD HSCI Elective	3
	HSCI 4670	3		UD HSCI Elective	3
	UD HSCI Elective	3		UD HSCI Elective	3
	UD HSCI Elective	3			
	<b>TOTAL</b>	<b>16</b>		<b>TOTAL</b>	<b>14</b>

### UCCS Bachelor of Science, Health Care Science - Health & Wellness Promotion Major Requirements

- A minimum of 120 hours must be completed with a cumulative CU grade point average of 2.0; at least 45 of these hours must be at the upper-division level (courses numbered 3000-4999).
- The Health Care Science - Health & Wellness Promotion major requires a minimum of 120 hours with a grade point average of 2.0, and at least 45 of the hours must be at the upper-division level (courses numbered 3000-4999).
- The last 30 hours of the degree must be completed while registered in the Helen and Arthur E. Johnson Beth-El College of Nursing and Health Sciences at UCCS.

Prospective Student Advising: Transfer Advisor ([transfer@uccs.edu](mailto:transfer@uccs.edu))